



# Pathways2Life

**The Pathways2Life Diversion Program** is a partnership with schools, families, and students that supports our belief that **there is another way.**

This 3 session, brief intervention serves to facilitate a **restorative shift** in the student's thoughts and behaviors along with a **process of accountability.**



## Who is this for?

First time and repeat "offenders" for vaping, substance use, or behavioral infractions.

## What does it look like?

Pathways2Life will collaborate with school administration to determine the parameters of the reduced discipline that this program provides.

## How to refer?

Fill out the Pathways2Life referral form and indicate that it is a diversion program referral.

## What happens after referral?

- Referral received by P2L
- Screening/orientation call with parents
- Obtain waivers
- Warm hand-off/introduction of P2L Brief Intervention Specialist to the student
- Student completes 3 sessions, one a week for 45 min-1 hr (during lunch/class period)
- If 3 sessions are successfully completed, P2L will send a completion letter to the school/parent
- P2L can provide extended sessions if the student is interested (additional cost - included in school pricing or private pay)
- Referrals for follow-up care will be arranged as needed

## Key Details

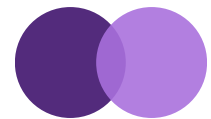


More than seven out of 10 educators believe positive behavior reinforcement is the most effective discipline strategy.

# 40%

of educators want more professional development opportunities around alternatives to punitive discipline

Accountability works best in partnerships where both parties feel respected.



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### Testimonial

*Pathways2Life made an impact in our school community with their diversion program that we implemented during second semester. I see this as very good with huge potential going forward.*

*Public School Counselor*

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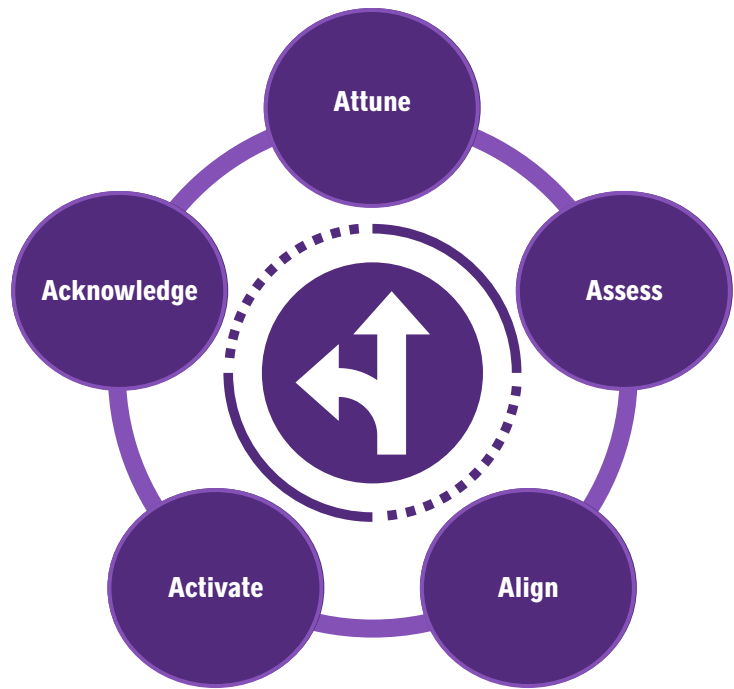


# Diversion Program

## Goals of this program:

While many diversion programs are simply an attempt to "divert, or channel out, youthful offenders," Pathways2Life focuses on **engaging and supporting students** to help them take responsibility and shift **toward better outcomes they can be proud of.**

Over the course of **3 sessions**, we follow a **proven process** for assessing risk factors and protective factors to help **support better outcomes** for the student in the future.



## Discovery Session



The first session is focused on building rapport, earning trust, and seeking to understand the full scope of the challenges the student is encountering.

## Alignment Session



The second session is aimed at aligning the students attitudes, values, beliefs, and choices with facts while also identifying a healthy support system.

## Activation Session



The third session is all about creating new goals, asking for help, and taking action that aligns with their preferred future.

## What we cover...

Here is a brief overview of our process for assessing risk and protective factors:

- ✓ Process their story, background, and the incident that led to the referral
- ✓ Assess strengths, values, passions, and goals for the future
- ✓ Examine perceptions, attitudes, and beliefs about nicotine, alcohol, drugs, and other challenging behaviors
- ✓ Discuss the nature of addiction, risk & protective factors, stages of use, and implement the CRAFFT screening tool
- ✓ Establish goals for the future, plan for navigating future opportunities, and identify support. (internal & external)