

You're Invited!

CHRIS 180's School-Based Mental Health Program invites you to **Fulton Forums**, a series of live sessions designed to provide support around current topics that are impacting families. Please join our therapists to access some helpful hints on ways to navigate the various challenges that this school year will present.

Elementary School Forums

For students:

Walking In Our New Norm: COVID-19

Tuesday, 10/27 @ 4pm

For parents:

Managing Screen Time

Friday 10/30 @ 4:30pm

Middle School Forums

For students:

Mental Health 101

Friday, 10/30 @ 5:30pm

For parents:

Completing a Medicaid Application

Thursday 10/29 @ 5pm

High School Forums

For students:

Stress Management

Wednesday, 10/28 @ 4:30pm

For parents:

Stress Management

Wednesday, 10/28 @ 12:30pm



All events will be live on Zoom

WAYS TO JOIN:

<https://zoom.us/j/2976394157>

Meeting ID: 297 639 4157

+19292056099,,2976394157# US