**Centennial High School Comprehensive Counseling Program:**

**2018-2019**

**Visit Us At:** [**www.mycentennialcounseling.com**](http://www.mycentennialcounseling.com)

**9th Grade Programs**

* **Fall Freshman Parent Night #1: September 26th, 2018**
* **Fall Freshman Classroom Guidance & Counselors’ Welcome**: *Knowing Your #s for Academic Success-Grad Reqs, Tracking Credits, Power of Zeroes, Goal Setting* (September)
* **9th Grade BRIDGE Law Benchmark Activity**: *Career Interest Inventory* (January)
* **Spring Freshman Classroom Guidance:** *4 Year Academic Plan* (February)
* **Spring Freshman Parent Night #2: February 6th, 2019**
* **9th Grade Course Registration Blitz:** *Counselors assist students individually with course selection for the upcoming school year* (Feb-March)
* **Signs of Suicide Classroom Guidance:** *Suicide prevention program designed to 1) decrease suicide and suicide attempts by increasing student knowledge and adaptive attitudes about depression, 2) encourage personal help-seeking and/or help-seeking on behalf of a friend, 3) reduce the stigma of mental illness and acknowledge the importance of seeking help or treatment. CHS counseling adopted this program in 2006 and continues to deliver it to all students in conjunction with the Health course curriculum.* (December and March)

**10th Grade Programs**

* **Fall Sophomore Classroom Guidance**: *Cyber-Safety* (November)
* **Sophomore Parent Night: March 5th, 2019**
* **Spring Sophomore Classroom Guidance**: *Online Tools & Resources for Test Prep & College Search* (February)
* **10th Grade BRIDGE Law Benchmark Activity**: *Dual Enrollment opportunities* (November)
* **10th Grade Course Registration Blitz:** *Counselors assist students individually with course selection for the upcoming school year* (Feb-March)

**11th Grade Programs**

* **Junior Parent Night: November 8th, 2018**
* **Fall Junior Classroom Guidance**: *College Selectivity-What Factors Colleges Consider in Admissions* (October)
* **11th Grade BRIDGE Law Benchmark Activity:** *Virtual College Search* (October)
* **Junior Advisement Meetings**: *Individual* *Graduation Status Check/Post-Secondary Planning* (November - February)
* **Spring Junior Classroom Guidance**: *Finding the Right Fit-What Factors Student Should Consider in Their College Search Process* (January-February)
* **11th Grade Course Registration Blitz:** *Counselors assist students individually with course selection for the upcoming school year* (Feb-March)

**12th Grade Programs**

* **Senior Blitz**: *Graduation Status Check* (August)
* **Senior Parent Night: September 20th, 2018**
* **Fall Senior Classroom Guidance**: *College Application Process* (September)
* **Apply to College Day**: Thursday, October 18
* **Spring Senior Classroom Guidance:** *Scholarships and Financial Aid* (January)
* **12th Grade BRIDGE Law Benchmark Activity/Senior Exit Survey***: Documenting Post-Secondary Plans* (April – May)
* **College Signing Day**: (April)

**Counseling Programs Reaching Students in Grades 9th–12th Graders**

* **College Week: October 15 – 19th, 2018**
* **Financial Aid Night: November 27th, 2018**
* **Dual Enrollment Night: November 1st, 2018**
* **AP Night: January TBA - from Ms. Nelson, testing coordinator**
* **International Baccalaureate (IB) Night: TBA - from Ms. Nelson, testing coordinator**
* New Student Support Group (year-long)
* College Application Groups
* New Student Liaison Program
* College and Career Center
* Scholarship Club
* Counselor Advisory Council (includes students, teachers, administrators, parents, and community members)
* College Representative Visits (Grades 11-12)
* College Fairs/Campus Visits (Grades 11-12)

**Rising 9th Grade Programs**

* **Rising Freshman Parent Night (8th graders):** **January TBA**
* 8th Grade Visitation Days: **January TBA**

**Additional School Counseling Services**

* Academic Advisement
* Parent/Teacher Conferences
* Career Guidance and Exploration
* Summer School Information
* Community Agency Referrals
* Academic Skill Building
* Collaboration with Teachers, Administrators, School Social Worker, and School Psychologist
* Care Team Referrals
* Post-Secondary Planning and Advising
* SAT and ACT Information
* Crisis Interventions
* Foreign Exchange Program
* Dual Enrollment Information
* New Student Enrollments

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**Counseling Department Website:** [**www.mycentennialcounseling.com**](http://www.mycentennialcounseling.com)