

## Centennial High School Comprehensive Counseling Program: 2016-2017

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### 9<sup>th</sup> Grade Programs

- **Freshman Welcome:** Counseling Program & Services Introduction (September)
- **Fall Freshman Parent Night #1: September 28**
- **Fall Freshman Classroom Guidance:** *Knowing Your #s for Academic Success-Grad Reqs, Tracking Credits, Power of Zeroes, Goal Setting* (October)
- **9<sup>th</sup> Grade BRIDGE Law Benchmark Activity:** *Career Interest Inventory* (January)
- **Spring Freshman Classroom Guidance:** *4 Year Academic Plan* (February)
- **Spring Freshman Parent Night #2: February 2**
- **9<sup>th</sup> Grade Course Registration Blitz:** *Counselors assist students individually with course selection for the upcoming school year* (March)
- **Signs of Suicide Classroom Guidance:** *Suicide prevention program designed to 1) decrease suicide and suicide attempts by increasing student knowledge and adaptive attitudes about depression, 2) encourage personal help-seeking and/or help-seeking on behalf of a friend, 3) reduce the stigma of mental illness and acknowledge the importance of seeking help or treatment. CHS counseling adopted this program in 2006 and continues to deliver it to all students in conjunction with the Health course curriculum.* (December and March)

### 10<sup>th</sup> Grade Programs

- **Sophomore Classroom Guidance Fall:** *Cyber-Safety* (November)
- **Sophomore Parent Night: January 26**
- **Sophomore Classroom Guidance Winter:** *PSAT Score Interpretation/Online Tools & Resources for Test Prep & College Search* (February)
- **10<sup>th</sup> Grade BRIDGE Law Benchmark Activity:** *Move On When Ready opportunities* (November)
- **10<sup>th</sup> Grade Course Registration Blitz:** *Counselors assist students individually with course selection for the upcoming school year* (March)

### 11<sup>th</sup> Grade Programs

- **Junior Parent Night: October 13**
- **Junior Classroom Guidance #1:** *College Selectivity-What Factors Colleges Consider in Admissions* (October)
- **11<sup>th</sup> Grade BRIDGE Law Benchmark Activity:** *Virtual College Search* (October)
- **Junior Advisement Meetings:** *Graduation Status Check/Post-Secondary Planning* (October - January)
- **Junior Classroom Guidance #2:** *Finding the Right Fit-What Factors Student Should Consider in Their College Search Process* (January-February)
- **11<sup>th</sup> Grade Course Registration Blitz:** *Counselors assist students individually with course selection for the upcoming school year* (March)

### 12<sup>th</sup> Grade Programs

- **Senior Blitz:** *Graduation Status Check* (August)
- **Senior Parent Night: September 7**
- **Senior Classroom Guidance Fall:** *College Application Process* (September)
- **Apply to College Day:** October 29
- **Senior Classroom Guidance Winter:** *Scholarships and Financial Aid* (January)
- **12<sup>th</sup> Grade BRIDGE Law Benchmark Activity/Senior Exit Survey:** *Documenting Post-Secondary Plans* (April - May)
- **College Signing Day:** (April)

## Counseling Programs Reaching Students in Grades 9th-12th Graders

- College Week: October 24 - 28
- New Student Support Group (yearlong)
- **Financial Aid Night: November 29**
- **Move On When Ready Night (MOWR): December 15**
- College Application Groups
- New Student Liaison Program
- College and Career Center
- Scholarship Club
- Counselor Advisory Council (includes students, teachers, administrators, parents, and community members)
- College Representative Visits (Grades 11-12)
- College Fairs/Campus Visits (Grades 11-12)

### Rising 9<sup>th</sup> Grade Programs

- Rising Freshman Parent Night: February TBA
- 8<sup>th</sup> Grade Visitation Days: February TBA

### Additional School Counseling Services

- Academic Advisement
- Parent/Teacher Conferences
- Career Guidance and Exploration
- Summer School Information
- Community Agency Referrals
- Academic Skill Building
- Collaboration with Teachers, Administrators, School Social Worker, and School Psychologist
- Care Team Referrals
- Post-Secondary Planning and Advising
- SAT and ACT Information
- Crisis Interventions
- Foreign Exchange Program
- Dual Enrollment Information
- New Student Enrollments

### **2016-17 Centennial High School Counseling Department Staff**

Last Names Beginning With	Counseling Staff	E-mail Address
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**Counseling Department Website: [www.mycentennialcounseling.com](http://www.mycentennialcounseling.com)**