# Sophomore/Junior Parent Night

- CLASSES 2023 & 2024
- MONDAY, OCTOBER 25TH, 5:30PM
- MICROSOFT TEAMS MEETING
- CHS COUNSELING DEPARTMENT &
  APPLEROUTH TUTORING SERVICES
- <u>www.mycentennialcounseling.com</u>
- WWW.APPLEROUTH.COM





# Agenda



CHS COUNSELING PROGRAMMING

Mrs. Heidi Ruppe (10<sup>th</sup> grade curriculum) Mr. Jonathan Giles (11<sup>th</sup> grade curriculum)



COLLEGE ADMISSION PROCESS

Ms. Heather Meadows, Applerouth Tutoring



QUESTIONS AND REMARKS



FEEDBACK FORMS

# CENTENNIAL COUNSELING



A - Co
Mr. Giles
GilesJ@fultonschools.org



Ni - Si Ms. Freeman FreemanMA@fultonschools.org



**Cp - H**Ms. Ekpo

EkpoN@fultonschools.org



Sj - Z Ms. Peart Peart@fultonschools.org



I - Nh

Mrs. Ruppe

Ruppe@fultonschools.org



Grad Coach
Mrs. Hollaway
VealA@fultonschools.org

# **College Planning with NAVIANCE**

# **Meeting With College Representatives**

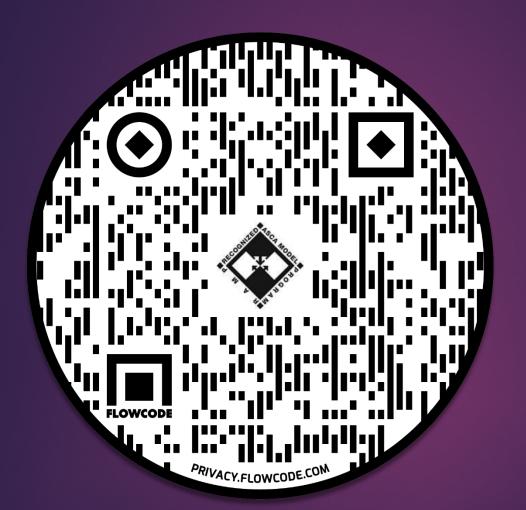
- Representative Visits to CHS
- College Fairs
- College Campus Visits

# **SAT and ACT Prep Opportunities**

**Scholarships and Financial Aid** 

**Quick Links** 

www.mycentennialcounseling.com



Please scan this code or visit this link to complete tonight's feedback form!

Feedback Form

# College & Career Month

College & Career Events All Month Long At Centennial



For event dates and details, visit the College/Career Calendar @ TINYURL.COM/CHSCOLLEGECAREERCALENDAR

FINANCIAL AID FRIDAY: FA WITH SALLIE MAE (10/15)

MILITARY PANEL CHS ALUMNI PANEL (10/29)

SQUINCEL NO. 17 FINANCIAL AID FRIDAY: FAFSA

NON-TRADITIONAL CAREER FAIR: NO

PEACHTREE COLLEGE PLANNING: Focus on FAFSA COLLEGE DEGREE REQUIRED

APPLY TO COLLEGE DAY (10/20)



# Graduation Requirements For Fulton County Schools



Subject Area	Required # of Credits
Language Arts	4 credits
Math	4 credits
Science	4 credits
Social Studies	3 credits
Health/Personal Fitness	.5 credit/.5 credit
Pathway Courses	3 credits
Electives	4 credits
	23 total credits

# 10th Grade Activity:

What will I get from my YouScience results? Students will be able to answer these questions:

What careers are the right fit for me based on my natural strengths?

What am I going to do after high school?

How can I describe myself and who I am with confidence?

Where do I fit in the world of work and careers?



YouScience - Find Your Way Faster

# SAT/ACT DATES 2021-22

## **SAT Test Dates 2021-2022**

Test Date	Registration Deadline	Late Deadline	Online Score Release
August 28, 2021	July 30, 2021	August 17, 2021	September 20, 2021
October 2, 2021	September 3, 2021	September 21, 2021	October 15, 2021
November 6, 2021	October 6, 2021	October 26, 2021	November 19, 2021
December 4, 2021	November 4, 2021	November 23, 2021	December 17, 2021
March 12, 2022	February 11, 2022	March 1, 2022	March 25, 2022
May 7, 2022	April 7, 2022	April 26, 2022	May 20, 2022
June 4, 2022	May 5, 2022	May 25, 2022	July 13, 2022

\*Students
eligible for fee
waivers due to
financial
hardship can
see their
counselors

www.sat.org www.act.org

# **ACT Test Dates (2021-2022)**

Test Date	Registration Deadline	Late Fee Required	Online Score Release
Sept. 11, 2021	August 6, 2021	August 20,2021	September 22, 2021
October 23, 2021	September 17, 2021	October 1, 2021	November 9, 2021
December 11, 2021	November 5, 2021	November 19, 2021	December 21, 2021
February 12, 2022	January 7, 2022	January 21, 2022	February 25, 2022
April 2, 2022	February 25, 2022	March 11, 2022	April 12, 2022
June 11, 2022	May 6, 2022	May 20, 2022	June 21, 2022
July, 16, 2022	June 17, 2022	June 24, 2022	July 26, 2022

# Take a MOCK test!

Simulates a REAL test without an official score!

Only \$5! Register today!



# Test-Like Practice Without Test Day Pressure at Centennial High School

Full-length proctored tests enable you to see where you stand on the test, without the pressure of an official score. Afterwards, a comprehensive score report will help you target areas for improvement and plan for your real test accordingly.

#### SAT/ACT Diagnostic Test

October 30 9:00am - 1:30pm

\$5

Event code: M468283

#### **Mock ACT**

November 13 9:00am - 1:15pm

\$5

Event code: M468284

#### **Mock SAT**

February 5 9:00am - 12:45pm

\$5

Event code: M468286

#### **Mock ACT**

March 5 9:00am - 1:15pm

S

Event code: M469425

#### SAT/ACT Diagnostic Test

April 16 9:00am - 1:30pm

\$5

Event code: M468334

To register, go to www.applerouth.com/signup and enter the event code.

www.applerouth.com info@applerouth.com 404-728-0661



# Test Prep

- https://www.khanacademy.org/satFree SAT Prep
- □ <u>www.cornerstoneacademic.com</u>

  Free Diagnostic SAT/ACT Test
  - www.princetonreview.com
     Offers Free Live Sessions
    - □ <u>www.Applerouth.com</u>
    - □ <u>www.c2educate.com</u>

Private Tutoring, SAT/ACT Classes

■ www.kaplan.com

Free Practice Tests & Score Review

www.collegeboard.org

SAT practice tests & study plans

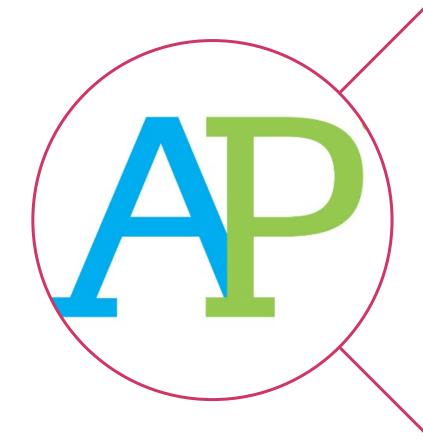
■ www.act.org

ACT Test Prep Books/Apps

www.march2success.com

Online study materials for state exit exams, college entrance exams, the military entrance exam (ASVAB)

# For Students Interested in AP Courses for 2022-23 school year



# Advanced Placement (AP) Night

- TBD
- Information will be posted on www.chsknights.com



# FINANCIAL AID Presentation

November 12, 2021 @ 5:30PM

Presented by Sallie Mae

Link to register on tinyurl.com/collegecareercalendar



# Helpful Resources

WWW.MYCENTENNIALCOUNSELING.COM

# FCS STUDENTS! GET READY4LIFE

WITH NAVIANCE: THE TRUSTED COLLEGE, CAREER & LIFE READINESS PLATFORM

Naviance is an online platform that helps students at more than 13,000 schools discover their strengths, explore college and career interests, create actionable goals and find their best-fit path after high school. Fulton County Schools has partnered with Naviance to provide you with tools for achievement through academic, career and college planning.



## **EXPLORE INTERESTS**& SELF-DISCOVERY

Exploring interests and engaging in self-discovery helps you develop confidence and lays the foundation for your life today and your future. By uncovering your strengths and unique skills, you will not only realize your potential, but you can begin working toward your future.

Naviance will help you:
UNDERSTAND your unique strengths

**EXPLORE** self and personal interests

**SET GOALS** for your future

**DEVELOP** self-knowledge and personal motivation



## LEARN MORE ABOUT CAREERS

Picturing your future will help you engage in school today in a meaningful way.

Naviance's career planning and assessment tools will allow you to realize your strengths, goals, knowledge, values, and interests in future careers, and will help you work toward a path that is inspiring.

Naviance will help you:
CONNECT your interests to career fields

**IDENTIFY** best-fit careers

PLAN for life after high school

**LEARN** from leaders via Road Trip Nation



## RESEARCH & PREPARE FOR COLLEGE

Based on interests, and by comparing admissions rates, Naviance will allow you and your family to make informed decisions, connecting you to best-fit colleges. Regardless of your plans after high school, Naviance assists with researching 2yr and 4yr colleges, including technical schools.

Naviance will help you: EXPLORE college admissions stats

MATCH to best-fit colleges

**IDENTIFY** ideal college majors

**UNDERSTAND** college and scholarship possibilities

# Naviance Assessments

Self-Discovery Careers Colleges Planner

#### Self-Discovery



#### Let's get started.

It looks like you haven't done any assessments yet. By taking Naviance assessments you'll get to know

Here are assessments that are available for you to take now.

#### AchieveWorks Intelligences® Formerly MI Advantage



Intelligence comes in many forms. AchieveWorks Intelligences® helps you uncover your different intelligences and how to leverage them.

START ASSESSMENT

#### AchieveWorks Learning and Productivity®

Formerly Learning Styles Inventory



Discover your sensory, environmental and mindset preferences to help develop and adjust your study practices.

START ASSESSMENT

#### AchieveWorks Personality® Formerly Do What You Are



AchieveWorks Personality® helps you identify your personality type by asking you to choose scenarios that best represent how you behave in real life.

START ASSESSMENT

#### Career Cluster Finder



The Career Cluster Finder helps you identify your interests and discover career clusters that contain careers that might interest you.

START ASSESSMENT

#### Career Interest Profiler



The Career Interest Profiler captures your interests to help identify your personality traits and suggests careers based on the U.S. Department of Labor's data.

START ASSESSMENT

#### Strengths Explorer®



Strengths Explorer® helps you identify your key strengths that you can use as you proceed on your college, career and life readiness journey.

START ASSESSMENT

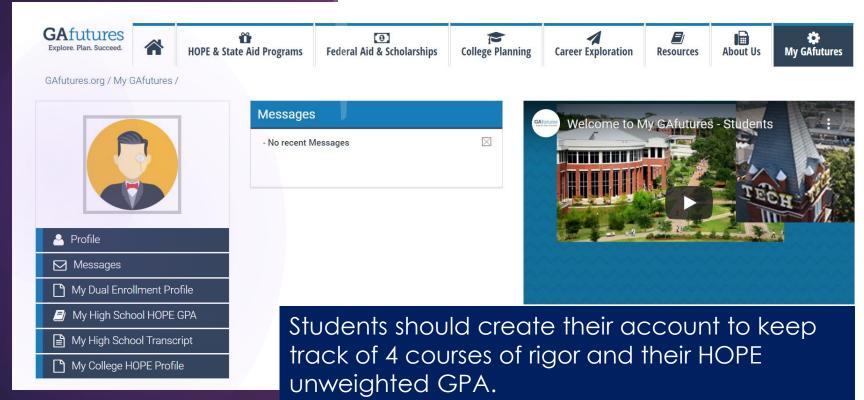
Student login for Naviance: https://launchpad. classlink.com/fcs

Naviance has multiple self-discovery assessments students can take at home with their parent to start exploring their strengths and matching to careers.

# Using GAFutures

www.GAfutures.org

- Regularly check your HOPE G.P.A. (updated each semester)
- Information about completing the FAFSA (Free Application for Financial Student Aid; required for the HOPE and Zell Miller scholarships)
- Find additional Scholarships!



# CHS Counseling Junior Curriculum

Academic Postsecondary Options

**Building Your College List** 

Finding Your College Fit

College Admissions

Freshmen Profiles

**Application Process** 

SAT/ACT

Financial Aid

Junior Priorities & Next Steps

# JUNIOR ADVISEMENT: NOVEMBER - MARCH

		GRAD	UATION STATUS REPO	DRT	
NAME:		Phone #		YE	AR OF GRADUATION:
UNITS REQUIRED FOR	GRADUATION: 23	Email address:		TOTAL UNITS EARNED	) TO DATE:
ENGLISH 4 Units	MATH 4 Units	SCIENCE 4 Units	SOCIAL STUDIES 3 Units	CAREER TECH &/or FINE ARTS &/or WORLD LANGUAGE 3 Units	HEALTH/PE 1 Unit
9th Lit/Comp Sem 1	Algebra Sem 1	Biology Sem 1		Sem 1	General Health (1 Sem)
9th Lit/Comp Sem 2	Algebra Sem 2	Biology Sem 2		Sem 2	Personal Fitness (1 Sem)
10 <sup>th</sup> Lit/Comp Sem 1	Geometry Sem 1	Phy Sci or Physics Sem 1	World History Sem 1	Sem 2	ELECTIVES 4 Units
10 <sup>th</sup> Lit/Comp Sem 2	Geometry Sem 2	Phy Sci or Physics Sem 2	World History Sem 2	Sem 2	
11 <sup>th</sup> Amer Lit/Comp Sem 1	Algebra 2 <u>or</u> Acc PreCalc Sem 1	Chemistry <u>or</u> Environ Sci <u>or</u> Earth Sys or AP Sci Sem 1	US History Sem 1	Sem 1	
11th Amer Lit/Comp Sem 2	Algebra 2 <u>or</u> Acc PreCalc Sem 2	Chemistry <u>or</u> Environ Sci <u>or</u> Earth Sys or AP Sci Sem 2	US History Sem 2	Sem 2	
World Lit (1 Sem)	Sem 1	Sem 1	Economics (1 Sem)	HOPE Rigor – Students in the graduating class of 2019 must pass 4 advanced	
Multicultural Lit (1 Sem)	Sem 2	Sem 2	Amer Government (1 Sem)	courses as designated by GA Student Finance.	For more information, please reference www.gafutures.org
Senior Course R	decommendations		'		
Fall Semester	Spring Semester	must take at leas	st: of the same World Language	9	on or most other post-secondary institutions  Career Pathway
1.	1.		of math above GSE Algebra 2 of HOPE Rigor courses (for	2 HOPE scholarship qualification)	Current HOPE GPA
2.	2.	Additional C		Lundoretand that it is my room	oonsibility to register for the correct classes
3.	3.		Summer School GAVS/FVS GVCR/FVCR	for graduation and that the	classes listed are recommendations and/or ule. This information applies to graduation
4.	4.		Summer School GAVS/FVS GVCR/FVCR		s/parents are responsible for contacting
5.	5.		Summer School GAVS/FVS GVCR/FVCR	Student's	•
6.	6.		Summer School GAVS/FVS GVCR/FVCR	Date	

# Follow Our Social Media Pages!!



# @Knights\_Scholar



Follow us for ALL the news you need to know from the counseling office!

\*Twitter: Scholarship Opportunities

\*Instagram: Important Information & Updates from the CHS Counseling Office

# Get To Know Mrs. Truax!!

truaxc1@fultonschools.org

# Centennial College & Career Center

Monday - Thursday 8AM - 1PM

- -College application assistance
- -Financial aid information
- -Scholarships
- -SAT and ACT resources
- -College search help
- -Technical school options
- -Summer opportunities



Let us help you with your postsecondary plan!

Stop by or schedule an appointment truaxc1@fultonschools.org

\*\*FOLLOW US FOR CURRENT INFO\*\*

**Twitter: @CentCCCinfo** 

Facebook: @ CHSKnightsCollegeCareer Instagram: @centennialcollegecareer

# remind 101

A safe way for teachers to text message students and stay in touch with parents. Free.

# Please join REMIND101 to receive important communications from our counseling office!

Text: 81010

# In the message box:

- For class of 2023: @2023chskni
- For class of 2024: @dkdc2e

# Welcome, Applerouth!



# College Admissions Testing for 10th/11th Graders

Heather Meadows
Premium Tutor
10/25/2021



# The admissions process

#### **Academic Index:**

#### **Quantitative components**

H.S. GPA (in the context of Schedule Strength and Academic Strength of School)

SAT ACT

#### **Academic Index:**

#### **Qualitative components**

Admissions Essays Teacher/Counselor Recommendations Activities
(Leadership,

Depth)

Demonstrated Interest



# US schools still put a premium on testing

NACAC Survey 2019: Factors influencing admissions decisions

Importance	Considerable	Moderate	Limited	None
Grades in All Courses	74.5%	15.0%	5.5%	5.0%
Grades in College Prep	73.2	16.8	5.9	4.1
Strength of Curriculum	62.1	21.9	8.7	7.3
SAT/ ACT Test Scores	45.7	37.1	12.2	5.0
Essay or Writing Sample	23.2	33.2	24.1	19.5
Demonstrated Interest	16.1	23.9	28	32.1
Counselor Recommendation	15.1	40.4	26.6	17.9
Teacher Recommendation	14.2	40.2	26.5	19.2
Class Rank	9.1	29.1	34.1	27.7



## However, the test-optional movement is growing









Test-optional schools offer another route for academic superstars who don't necessarily test very well. However, many students applying to these schools still submit scores, and strong scores will be considered an addition to an admissions portfolio.

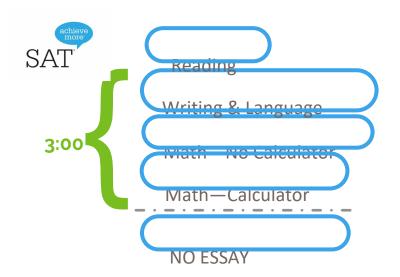


# The SAT and the ACT

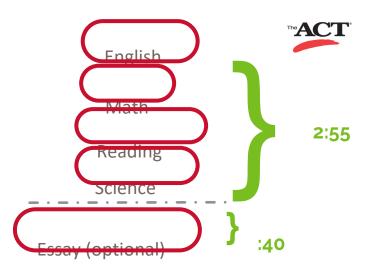




# Structurally, the two tests appear nearly identical



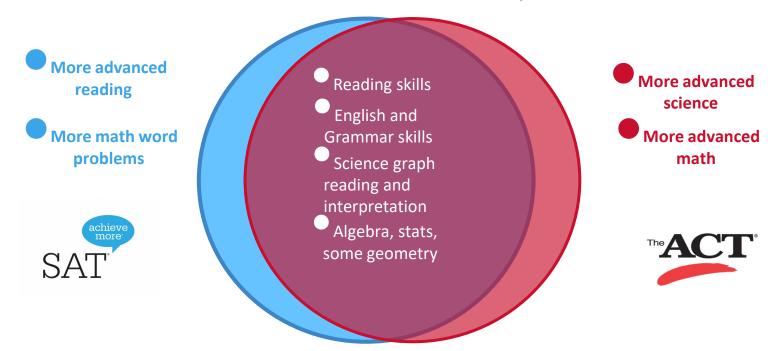
Testing time: 3:00



**Testing time: 3:35** 



# Overall, 75-80% of the test content overlaps





The amount of time per question is a profound difference.

Section	ACT	SAT	% Difference
Writing	36.0	47.7	33%
Reading	52.5	75.0	43%
Math	60.0	84.2	40%
Science	52.5	N/A	N/A

The SAT has a more forgiving timing structure, which can benefit some students, but as we'll see, it's also a more complicated test.



# Digging Deeper: ACT vs. SAT Math content areas-

	ACT	SAT
Algebra	46%	62%
Geometry	23%	6%
Arithmetic/ Data Analysis	24%	30%
Trigonometry	7%	2%

As you can see, the math content is much more evenly distributed on the ACT than it is on the SAT, which relies heavily on Algebra.



<sup>\*</sup>Using SAT categories, which are slightly different from ACT math categories

# Digging Deeper: SAT vs ACT Reading



# **ACT**



Although the ACT forces students to go faster, the difficulty level is more consistent. Students should be prepared for the spikes in difficulty on the SAT.



# Digging Deeper: ACT Science

The ACT's Science Test is unlike anything on the SAT, which has some science mixed into the Reading, but no dedicated Science section. Students must move quickly through complicated passages full of graphs and charts.

Source: Applerouth's Guide to the ACT, 4th Ed.

Questions 1-6 relate to the following passage.

Cyanobacteria are a group of aquatic bacteria that capture light from the sun and convert it into chemical energy that can be used as food. This process is summarized by the following equation:

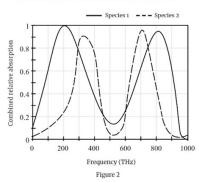
$$6CO_2 + 6H_2O \longrightarrow C_6H_{12}O_6 + 6O_2$$

 $Table \ 1 \ lists \ frequency \ ranges \ for \ visible \ light \ and \ the \\ color \ commonly \ associated \ with \ each \ range.$ 

Ta	ble 1
Color	Frequency (THz)
Red	405 - 480
Orange	480 - 510
Yellow	510 - 530
Green	530 - 600
Cyan	600 - 620
Blue	620 - 680
Violet	680 - 790

Bacteriochlorophylls are pigments that capture light energy. Figure 1 shows the relative absorption of light by bacteriochlorophyll a (BChl a), bacteriochlorophyll b (BChl b), and bacteriochlorophyll c (BChl c) across the light frequency from 0 THz to 1000 THz.

Figure 2 shows two different species of cyanobacteria and the combined relative absorption of their *BChl a*, *BChl b*, and *BChl c* pigments across various light frequencies.





# **Nuts and Bolts**

Registrations, scoring and more





# How to register for the SAT and ACT

To register for the SAT, log on to <a href="http://www.collegeboard.org">http://www.collegeboard.org</a> and click "Register for the SAT." You will have to create a CollegeBoard account if you do not already have one.



To register for the ACT, log on to <a href="http://www.act.org">http://www.act.org</a> and click "Register Now for the ACT." You will have to create an ACT account if you do not already have one.





#### How to secure accommodations

If your student needs accommodations for either the SAT or ACT, you must work with your student's school guidance counselor or disabilities coordinator to submit the correct paperwork.



If your student plans to take the SAT multiple times with accommodations, you only have to go through the process once—the accommodations follow your student through any SAT, AP exam or PSAT.



However, you have to **re-apply for accommodations for every ACT** administration your student plans to sit for. Be aware that it can take some time to process, and don't leave registration until the last minute!

Colleges cannot see when a student has taken a test with accommodations: it's the law!

# Superscoring

Superscoring allows students to combine top section scores from different test dates to form a **new composite score**, the only score to be used in the admissions process.

Test Date	Verbal	Math	Composite
March	630	670	1300
May	610	630	1240
June	660	650	1310
Superscore	660	670	1330

The vast majority of schools will superscore the SAT, and many will superscore the ACT. Always ask!



# Effective prep

Timelines and best practices

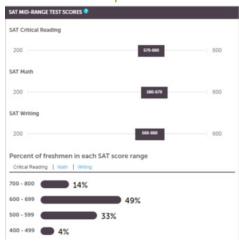




## Set realistic goals: Find score ranges online

Use the College Board site or Applerouth account to see how your

scores compare to other applicants





Remember that the bottom quartile is predominately "hooked" applicants (i.e., athletes), not straight academic admits. The median score for unhooked applicants is closer to the right side of the middle 50% range.



## The importance of multiple test dates

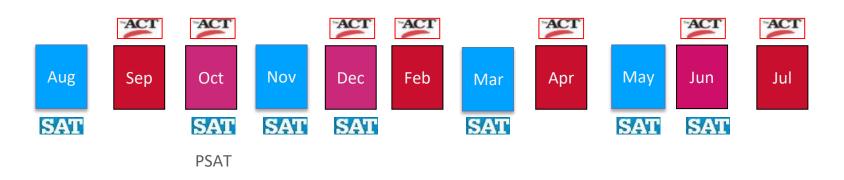
It's a good idea to plan for multiple test dates; we recommend families plan for three separate testings of the Same test. Here's why:

- Superscoring potential
- Gains in confidence over time
- Negates any test difficulty or scoring fluctuation
- Allows student and tutor to set incremental goals

Plan for three and stop once you reach your goal!



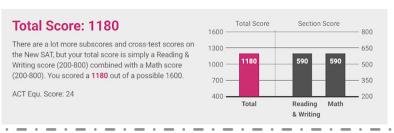
You have lots of opportunities to take either test!



Remember that registration for any given test (except for PSAT) closes about a month before the test date. Registering earlier than that is smart - the earlier you register, the more likely you'll be able to take the test at your first-choice location.

#### Practice: You must take mock tests

These tests mimic the real thing and can tell you a lot about:



Time management and

mental fatigue

Reading 30					It looks like you paced
PASSAGE	CORRECT	INCORRECT	OMIT		yourself well on this section. Nice job!
Literature	8	2	0		
History/S.S.	14	5	2	RHE	You lost the most point
Science	6	4	0	KHE	on Rhetoric questions.
Science (Comp)	7	4	0		
TOTAL	35	15	2		

Math 29.5			
SECTION	CORRECT	INCORRECT	OMIT
No Calculator	12	5	3
Calculator	25	13	0
TOTAL	37	18	3



Wrong answer patterns, guessing efficacy and shaky content mastery



## **Our Services**

SAT & ACT prep (online, private, group)

**AP** prep

**HS subject assistance** 

**Study Skills** 



Helping prepare students for higher scores and grades since 2001



# QUESTIONS?

Please type questions you have in the TEAMS chat box!

Please complete our Feedback Form

The PowerPoint and Recording of tonight's presentation is available on our website:

www.mycentennialcounseling.com



Home

**CHS Counseling Program** 

College & Career

Resources

Events & Calendar

Contact Us

# Welcome to Centennial High School Counseling

Please check our website often for date and time updates.

Scroll down to view our NEWS REEL for upcoming events.

For all events listing, click on **EVENTS & CALENDAR** tab on the top bar





**Scholarships & Financial Aid** 



New Enrollment



Virtual School & Summer School



**Dual Enrollment** 



Seniors



Rising 9th Graders

Hover over
"Events &
Calendar"
and drop
down to
Counseling
Events
Calendar

# Thank you for attending!