HS 101 Parent Session

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September 19, 2023

Presented by:

Centennial High School Counseling Department

The Presentation and handouts will be posted on www.mycentennialcounseling.com.

La presentación y los folletos se colgarán en <u>www.mycentennialcounseling.com</u>.

*Please save <u>www.mycentennialcounseling.com</u> as a favorite or a bookmark on your device.

Agenda and Housekeeping Items

We will provide parents with information about credits, graduation requirements, and provide an overview of the CHS counseling department.

The handouts and PowerPoint (in English and Spanish) will be posted on www.mycentennialcounseling.com.

Our contact information is included at the end of the presentation should you have student-specific questions after the event.

What are you most excited about in high school?



What is the most difficult part of being a student at Centennial?



CENTENNIAL HIGH SCHOOL COUNSELING TEAM



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Student Support

Grades 9 - 12

Group counseling (i.e. New Student and Relationship Building)

Classroom guidance and parent nights at all grade levels

Additional Counseling Program Resources

Counseling website, Twitter, and Instagram

*slide with information included at the end of the presentation

College representative visits

SAT/ACT test prep opportunities

Scholarship information

Credit recovery options

Partnerships with PTSA to implement wellness initiatives

Graduation Requirements

23 credits required

English – 4 credits

Math – 4 credits

Science – 4 credits





• *Note: 2 or 3 years of World Language credits may be required for college admission

Health/Personal Fitness – 1 credit (each .5)

Electives – 4 credits



How to Earn Credits

In middle school, grades are calculated using <u>a system of averages</u>.

- Example 8th grade English
- Semester 1 (Aug-Dec):60 (F)
- Semester 2 (Jan-May): 80 (B)
- Yearly Ave: 70 (C)
- Student passes class for the year (earns 1.0 credit of 8th grade English).

In high school, grades <u>are not</u> <u>averaged</u>... Each semester is independent.

- <u>Example</u> 9th grade English
- Semester 1 (Aug-Dec): 60 (F)
- Semester 2 (Jan-May): 80 (B)
- No Yearly Average
- Student fails 1st
 semester; passes 2nd
 semester (only earns .5
 credit and is required to retake first semester of 9th
 grade English).

How to Earn Credits

First Semester (Aug – Dec)	Second Semester (Jan – May)		
Period 1 (.5)	Period 1 (.5)		
Period 2 (.5)	Period 2 (.5)		
Period 3 (.5)	Period 3 (.5)		
Period 4 (.5)	Period 4 (.5)		
Period 5 (.5)	Period 5 (.5)		
Period 6 (.5)	Period 6 (.5)		
You can earn 3.0 credits per semester.	You can earn 3.0 credits per semester.		
You can earn 6.0 credits per school year.			
You need total of 23.0 credits to graduate.			

Middle School Credits

High School credits earned in Middle School

- Students can earn HS credits for English, Math, Science, World Languages, and/or certain electives.
- 7th and 8th grade world language equals 1.0 HS credit.
- 7 points will be added to all passing grades in honors classes.
- Families can view transcripts in Infinite Campus.

#9990 Holcomb Bridge	Midd	e School		
Course	Mark	Attempted	Credit	
2017-2018 Grade 08 S2				
23.2610040 9th Lit/Comp H	100	0.5000	0.5	
21.4250000 FndtnsEnginr/Tech	97	0.5000	0.5	
60.0110000 French 1	97	0.5000	0.5	
40.2110040 Phys Sci H	104	0.5000	0.5	
Credit: 2.000 GPA: 99.500				
2017-2018 Grade 08 S4				
23.2610040 9th Lit/Comp H	100	0.5000	0.5	
21.4250000 FndtnsEnginr/Tech	100	0.5000	0.5	
60.0110000 French 1	98	0.5000	0.5	
40.2110040 Phys Sci H	103	0.5000	0.5	
Credit: 2.000 GPA: 100.250				

Promotion and Grade Level

Seniors (12th Grade): 17.0 or more credits

Juniors (11th Grade):

11.0 – 16.5 credits

Sophomores (10th Grade):

5.0 – 10.5 credits

Freshmen (9th Grade):

o - 4.5 credits



Accessing Grades/Attendance/Transcripts

Parents and students can monitor grades and attendance through Infinite Campus (IC).

Parents can also view transcripts that include middle school credits (if applicable) through Infinite Campus when you click on "Documents."

Please visit https://www.fultonschools.org/infinitecampus for log on information.

GPA Calculation

Seven points are added to passing grades for honors, AP, IB, and Dual Enrollment courses.

To calculate Fulton County GPA:

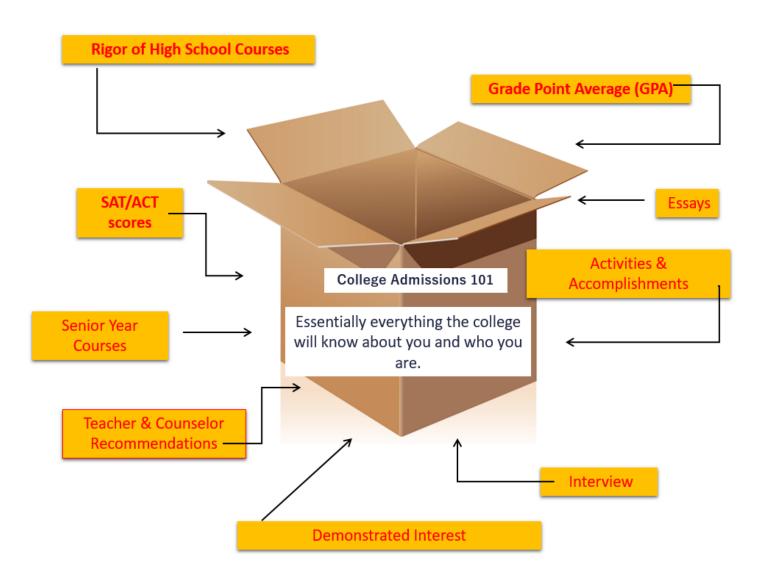
- By Semester
 - Add final course grades for semester
 - Divide by total number of courses taken
- Cumulative GPA
 - Add final grades for each course
 - Divide by total courses taken

To calculate HOPE/Zell Miller GPA:

- Includes core courses taken in HIGH SCHOOL
- Determined annually by the GA Student Finance Commission
- Visit www.GAFutures.org for additional details

Please review the "FAQ" document for additional information regarding the HOPE scholarship and calculating GPA.

Factors in College Admissions



HOPE & Zell Miller Scholarships?

HOPE

3.0 GPA in core classes

Funding depends on the school with award limits

- Private vs. Public
- DOES NOT COVER 100%

ZELL MILLER

3.7 GPA in core classes

SAT score of 1200 combined (no super score) or ACT of 26 or valedictorian or salutatorian

Award limits

- Public = full tuition
- Private = tuition assistance

BOTH HOPE & Zell Miller

- Receive credit for 4 classes that meet the <u>HOPE & Zell Miller rigor requirement</u>.
- Complete the FAFSA



Honors, AP, IB, and DE Courses

Honors courses: Honors classes are more rigorous, in-depth classes designed for student who want and can handle a challenge. *Classes go deeper than on-level courses*

Advanced Placement (AP) courses: AP courses are designed to give students the experience of an intro-level college class while still in high school. Students can get college credit for AP classes if they receive a certain score on the AP exam in May.

International Baccalaureate (IB) courses: Designed to give students the experience of an intro-level college class while still in high school. Students can get college credit for IB classes if they receive a certain score on the IB exam in May.

Dual Enrollment (DE) courses: Dual-enrollment classes enable high school students to take classes through a local college and potentially earn college credit. Please visit www.mycentennialcounseling.com (click on Dual Enrollment) for additional information.

AP/IB Night will be held in January and Dual Enrollment Night will be held in January/February.

The International Baccalaureate (IB) Diploma Programme (DP)



The most rigorous college preparatory program offered at CHS.

IB Diploma program coursework is available to Juniors and Seniors.



The IB Mission Statement

The International Baccalaureate aims to develop inquiring, knowledgeable and caring young people who help to create a better and more peaceful world through intercultural understanding and respect.

IB's purpose is to encourage students across the world to become active, compassionate and lifelong learners who understand that other people, with their differences, can also be right.







What does an IB student look like when leaving high school?

Universitybound **Highly** motivated

All-around student

Reflective learner

Problemsolver Committed to learning

Seeks educational challenges

IB Information Night will be held in January.

Language Arts (4 Credits)

- 1. 9th Lit or 9th Lit H
- 2. 10th Lit or 10th Lit H
- 3. 11th Lit or 11th Lit H, IB Lang/ Lit, or AP Lang
- 4. 12th Multi/World Lit, Dramatic Writing (H), IB Lang/ Lit, AP Lit, or College English



Mathematics (4 Credits)

	On-Level Pathway				
9th	Algebra Concepts and Connections				
10th	Geometry Concepts and Connections				
11th	Advanced Algebra Concepts and Connections	Enhanced Advanced Algebra and AP Precalculus Concepts and Connections Honors			
12th	AMDM; Pre-Calculus; AP Statistics (special cases); IB Application and Interpretation SL; Dual Enrollment	AP Calculus AB; AP Calculus BC; AP Statistics; Calculus; IB Application and Interpretation SL; Dual Enrollment Courses			
	One Year Accelerated Pathway				
9th	Geometry Concepts and Connections Honors				
10th	Advanced Algebra Concepts and Connections Honors	Enhanced Advanced Algebra and AP Precalculus Concepts and Connections Honors			
11th	Pre-Calculus Concepts and Connections Honors; IB Application and Interpretation SL	AP Calculus AB; AP Calculus BC; AP Statistics; IB Application and Interpretation SL; Dual Enrollment Courses			
12th	AP Calculus AB; AP Calculus BC; AP Statistics; Calculus; IB Application and Interpretation SL; Dual Enrollment Courses	GT Multi-variable Calculus (If accepted); IB Application and Interpretation SL; Dual Enrollment Courses			
	Two Years Acc	elerated Pathway			
9 th	Advanced Algebra Concepts and Connections Honors				
10 th	Pre-Calculus Concepts and Connections Honors; IB Application and Interpretation SL				
11 th	AP Calculus AB; AP Calculus BC; AP Statistics; IB Application and Interpretation SL; Dual Enrollment Courses				
12 th	GT Multi-variable Calculus (If accepted); IB Application and Interpretation SL; Dual Enrollment Courses				
	Three Years Accelerated Pathway				
9th	Enhanced Advanced Algebra and AP Precalculus Concepts and Connections Honors				
10th	AP Calculus AB; AP Calculus BC; AP Statistics; IB Application and Interpretation SL; Dual Enrollment Courses				
11th	GT Multi-variable Calculus (If accepted); IB Application and Interpretation SL; Dual Enrollment Courses				
12th	Advanced Mathematics Dual Enrollment Courses; IB Application and Interpretation SL				

Science (4 Credits)

- Biology (H)
- Physical Science (H) or Physics



- Chemistry (H), Environmental Science, Earth Systems or an AP/IB Science class
- Approved 4th Science Course/IB Science class

Social Studies (3 Credits)

- American Government (1 semester)*
- World History (H, AP)
- US History (AP/IB)
- Economics (1 semester)*



- AP Economics and AP Government are both offered as yearlong courses.
- IB History is a 2-YR class (11th & 12th) & IB Econ is a 1-YR class (11th OR 12th)

Additional Required Classes

Physical Education (1 credit)



• General Health (1 semester)



Personal Fitness(1 semester)



Personal Fitness Exemption

Please see www.mycentennialcounseling.com for additional information.

Effective October 2022

Students must complete the <u>Personal Fitness Waiver</u>
<u>Request Form</u> and receive approval prior to the end of their junior year of high school.

Requirements (completion of one of the following):

- 1 Season of a GHSA sport*
- 1 Season of a Non-GHSA sport**
- 1 Season of Marching Band
- .5 credit of Dance, Cirque or Physical Education electives
- 3 credits of JROTC

*Excludes One-Act Play, Literary Competitions and Esports

FAQ sheet for PF Waiver **Non-GHSA sports must have a clear start and end date, defined practice schedule, involve physical activity, and include a record of participation. Program sponsors must provide documentation ensuring that a student has completed the above requirements in good standing.

Career Focused Pathways (CTAE)

Allied Health Services (Health Science)

Audio/Video Tech & Film 1 and 2

Law Enforcement Services

Financial Services and Business Accounting

Business and Accounting

Emergency Responder
Services (Health
Science)

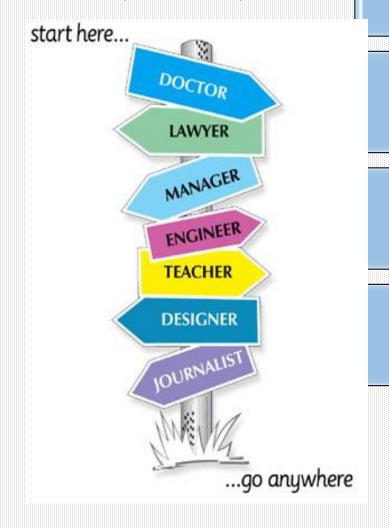
Food & Nutrition

JROTC (ARMY)

Computer Science

Programming

Internet of Things



Fine Arts Pathways



Art (Intro, Drawing/Painting, Photography, Ceramics, AP)



Band (Intermediate- Mastery)



Chorus (Beginning- Mastery)



STheatre (Fundamentals, Acting, Technical Theatre)



Orchestra (Beginning- Mastery)



General Music: Piano, Music Tech, AP Theory

World Languages



French: 1, 2, 3, 4, IB, AP

Spanish 1, 2, 3, 4, IB, AP and Workplace Spanish

German 1, 2, 3, 4, AP

*GA Board of Regents requires a minimum of 2 credits of the same World Language to meet 4-year college admissions criteria. Centennial also offers a Native Speakers Spanish pathway.

General Tips

Get connected to Centennial

Parents: Read the "Knightly Newsletter" and check the district, school, PTSA, and counseling websites regularly.

Students: Join at least one club/activity first semester. Additional information can be found on the "Activities" link on <u>www.chsknights.com</u>.

Reach out for help and encourage advocacy and accountability

Now that your student is in high school, we really want to emphasize a shift in how they approach their academics. We believe it is important that students take ownership of their education and learn to advocate for themselves. When they have concerns about an assignment, a grade, or a course, they should be the ones who reach out to the teacher and ask – and then parents can follow up with teachers to confirm that the situation has been resolved.

Set a Schedule and routine

Set a daily routine for your family, set up alerts in Infinite Campus, and check Infinite Campus daily. Help your child stay on task, set up a method of organization, and do a weekly check in to make sure everything is running smoothly.

Practice self care: This is such a difficult time to raise kids. Please make sure you take time to take care of yourself and reach out for help when/if you need it!

1. Having To Actually Know A Phone Number

When you needed to call your friends, you knew their phone numbers off the top of your head. You didn't have their name stored in some electronic brick you kept in your pocket, you would pull a chair up to the rotary phone and enter the numbers in one by one, patiently waiting for it to roll back in between.



Dial-up Internet



2. Having To Listen To The Radio To Hear Your Favorite Song

Listen, records were expensive, so sometimes you just had to hope that the radio would play the song you had in your head because otherwise you weren't going to hear it.



3. Trying to listen to music on the go



You Had To Get Your Film Developed



What we had to worry about as kids



- Cyberbullying
- School shootings
- Vaping
- Social media pressure
- More rigorous college admissions requirements
- Increased workload
- Increased mental illness
- Continued social, emotional, and academic impacts of Covid



Tips from CHS Students

What I wish my parents knew	Tips for parents
How hard it as socially school is stressful and, at the end of the day, mental health is more important than good grades.	Talk through situations, listen to me, and support me.
That you shouldn't force your kids or make them feel like they MUST take advanced classes unless they themselves want to.	Make your kid play a sport or be involved in some afterschool activity (Model UN or theatre) because without it they won't stay involved socially and branch out.
I wish they knew how hard it is now compared to when they went to high school.	I wish they would have helped me with my homework or just checked in to see how I'm doing.
It's extremely stressful being an AP student.	I wish they would have been more involved or even aware of anything that ever went on regarding Centennial and college in general.
You shouldn't take things that don't interest you. I did a certain class because I thought it'd be helpful, when I would've had way more fun in different classes.	I think it's important for parents to realize that high school is a completely different environment and that students need all the emotional support that they can get through parents.

Additional Contact Information

Questions re: Special Education program: Erin Schwartzenfeld (<u>schwartzenfe@fultonschools.org</u>) or Erika Reddick (reddickE@fultonschools.org)

Questions re: 504 program: Jenna Silverman (allensonj@fultonschools.org)

Questions re: ESL program: Holly Oran (oranh@fultonschools.org)

Questions re: IB program: Dr. Von Biberstein (vonbiberstei@fultonschools.org)

Questions re: Yearbooks: Leah Ma (<u>ma@fultonschools.org</u>)

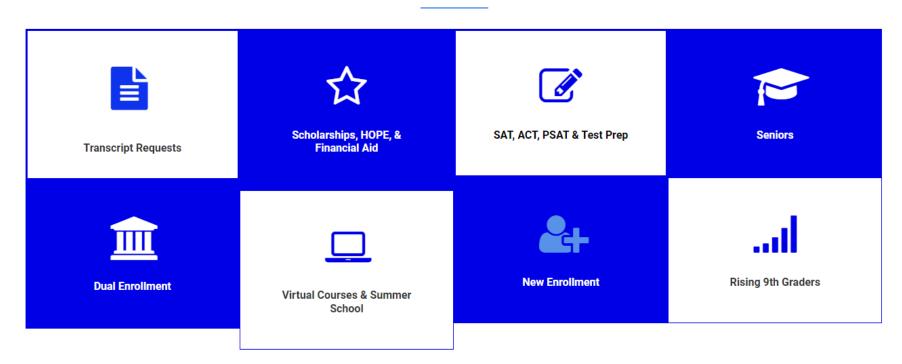
Attendance-related questions: Lisandra Suarez (<u>suarezL@fultonschools.org</u>)

Stay Connected to Counselors

Welcome to Centennial High School Counseling

Please check our website often for date and time updates.

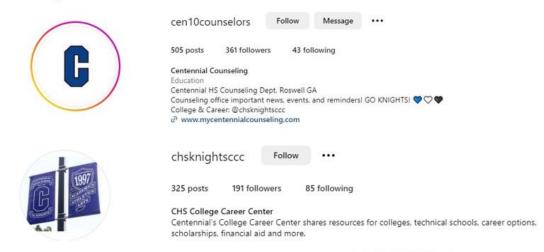
For all counseling events and presentations, click on EVENTS & CALENDAR tab on the top bar



Stay Connected to Counselors

Follow Us on Social Media!

Instagram:



Website: www.mycentennialcounseling.com



Moving Forward

The FAQ document and PowerPoint will be posted on <u>www.mycentennialcounseling.com.</u>

Mark your Calendar:

PSAT: October 12

AP/IB Night: January 2024

DE Night: January or February 2024



Please complete the feedback survey.

Thank you for joining us!